



ACCJT Presentation Development Questionnaire

Dealing Effectively with Hostility and Violence in the Workplace

Please fill out this questionnaire and return it to your ACCJT PSE Coordinator. The information you provide will assist in the preparation of your requested public safety presentation.

Length of the presentation: One hour ___ Two hours ___ Three Hours ___ Four hours ___

Listed below are the topics and their subtopics offered in this presentation. Please place a check mark next to the topics you would like included in the presentation.

___ Dealing Effectively with Hostility

- The types of hostile people we encounter
- How we form our reactions to anger and hostility
- How perceptions influence your safety in hostile situations
- Effects of stress on our verbal communication and our ability to defuse hostility
- Stress reduction techniques for enhancing your ability to defuse anger and hostility

___ Dealing Effectively with Confrontation

- The natural reactions to confrontation
- Gender differences in dealing with confrontation
- How your belief systems affect how you deal with confrontation

___ Defusing Hostility and Preventing Workplace Violence

- Tactical Communication Skills for defusing hostility
- Identifying the verbal cues of potentially aggressive behavior
- Identifying the non-verbal cues of potentially aggressive behavior
- Identifying the indications of a mounting emotional or angry outburst
- Techniques for gaining the cooperation from angry and hostile people

___ Protecting Yourself Against Physical Assaults

- Types of physical assaults
- Guidelines for safely contacting hostile and angry people
- Five steps for dealing effectively with an angry and hostile person

___ Counter Measures for Workplace Homicide

- The profile of a workplace killer
- Safety Considerations for employers
- Prevention strategies for workplace homicide
- The personal protection measures for employees
- Identifying the warning signs of potential workplace homicide

Audio/Visual Equipment available for our use: ___ Screen ___ Computer ___ Power Point Projector



ACCJT Presentation Development Questionnaire

Personal Protection Strategies for Women

Please fill out this questionnaire and return it to your ACCJT PSE Coordinator. The information you provide will assist in the preparation of your requested public safety presentation.

Length of the presentation: One hour ___ Two hours ___ Three Hours ___ Four hours ___

Listed below are the topics and their subtopics offered in this presentation. Please place a check mark next to the topics you would like included in the presentation.

___ **Myths and Facts Regarding Sexual Assault**

- Offender/rapist profiles
- Myths regarding sexual assaults
- Strategies for preventing Date Rape

___ **Personal Protection Strategies**

- Safety when using public transportation
- Safety guidelines for going out alone at night
- Safety in the workplace, parking garage, hotel, or home alone

___ **Resisting an Assault**

- The types of resistance
- Assailant target areas that maximize a defense
- Personal weapons that can be used in self-defense
- Environmental weapons and weapons of opportunity

___ **Personal Defense Devices**

- Key chains and other impact devices
- Audio warning devices
- Pepper Sprays
- Stun guns
- Firearms

___ **If Assaulted or Confronted**

- What to do if assaulted
- What to expect during the criminal investigation
- The criminal trial and the role of a Victim Advocate

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ACCJT Presentation Development Questionnaire

Self Defense Tactics for Women

Please fill out this questionnaire and return it to your ACCJT PSE Coordinator. The information you provide will assist in the preparation of your requested public safety-training course.

Length of the Course: One hour ___ **Two hours** ___ **Four Hours** ___ **Eight hours** ___

Listed below are the topics and their subtopics offered in this presentation. Please place a check mark next to the topics you would like included in the course.

___ **Fundamentals of Self Defense**

- Body Language as a defensive tactic
- Your voice as a method of self-defense
- Basic kicking techniques for self-defense
- Basic striking techniques for self-defense
- Basic blocking techniques for self-defense

___ **Defense Against Grabbing and Striking Attacks**

- Defending against being slapped
- Defending against offensive touching
- Defending against being punched and kicked
- Defending against being pinned to the ground and struck

___ **Defense Against being Choked**

- Defeating a front throat choke
- Defeating a rear throat choke
- Defeating a choke while being pinned on the ground or in bed
- Use of weapons of opportunity (combs, pens, keys) in defeating a choke

___ **Defense Against Body holds and Pins**

- Defeating a headlock
- Defeating arm, wrist, and hair holds
- Defeating bearhugs from the front and rear
- Defeating being pinned and held on the ground

___ **Dynamic Assault Simulations**

- Protective instructor equipment is used for realistic training
- Students practice the above learned techniques in simulated assaults
- Students apply their acquired self defense skills in realistic assault scenarios

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ACCJT Presentation Development Questionnaire

Child Safety and Abduction Resistance Education for Parents

Please fill out this questionnaire and return it to your ACCJT PSE Coordinator. The information you provide will assist in the preparation of your requested public safety presentation.

Length of the presentation: One hour ___ Two hours ___ Three Hours ___ Four hours ___

Listed below are the topics and their subtopics offered in this presentation. Please place a check mark next to the topics you would like included in the presentation.

___ Stranger Offenders

- Changing how children view dangerous strangers
- Defining for children who is a dangerous stranger
- Presenting education and training in age appropriate methodology

___ Child Safety Rules

- Rules for safely playing outside
- Rules for being safe at home alone
- Rules to follow if the child gets lost
- Rules to follow if the child is confronted or grabbed
- Rules to follow if the child is left unattended in public

___ Child Personal Defense Tactics

- Using the child's voice and physical resistance as a defensive tactic
- What the child is to do and where the child is to go if confronted or assaulted
- Using basic striking and kicking techniques as self-defense against an abduction
- The proper use of progressive child resistance when contacted, confronted, or attacked

___ Child Safety Education for Parents

- Guidelines for protecting your child on-line
- Guidelines for keeping your child safe in public places
- Guidelines for keeping your child safe while traveling
- Guidelines for keeping your child safe while shopping
- Guidelines for keeping your child safe while Trick or Treating

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ACCJT Presentation Development Questionnaire

Safety Strategies for Senior Citizens

Please fill out this questionnaire and return it to your ACCJT PSE Coordinator. The information you provide will assist in the preparation of your requested public safety presentation.

Length of the presentation: One hour ___ Two hours ___ Three Hours ___ Four hours ___

Listed below are the topics and their subtopics offered in this presentation. Please place a check mark next to the topics you would like included in the presentation.

___ Elder Abuse

- The profiles of elder abusers
- Indications of physical abuse
- Defining the types of elder abuse
- Indications of financial exploitation
- Indications of emotional and/or mental abuse
- Safeguards against financial scams and cons directed at elders
- Reporting suspected financial, emotional, and/or physical abuse

___ Personal Protection Strategies

- The types of resistance
- Safety when using public transportation
- Safety guidelines for going out alone at night
- Assailant target areas that maximize a defense
- Personal weapons that can be used in self-defense
- Environmental weapons and weapons of opportunity
- The profiles of the sexual offenders who prey on the elderly
- Safety in the workplace, parking garage, hotel, or home alone

___ Personal Defense Devices

- Key chains and other impact devices
- Audio warning devices
- Pepper Sprays
- Stun guns
- Firearms

___ Safety While Traveling

- Safety guidelines for planning a trip
- Guidelines for safely reporting observed suspicious or criminal behavior
- Safety strategies for RV traveling, cross country trips, and casino gambling

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ACCJT Presentation Development Questionnaire

Citizen Pepper Spray Certification

This PSE training course has a specific number of required hours for certification. This course uses a lecture format and the presentation is augmented with a demonstration of inert pepper spray.

Length of the presentation: Three Hours – required for certification

Listed below are the topics and their subtopics offered in this presentation.

Introduction to Pepper Based Defensive Sprays

- What is Oleoresin Capsicum (OC)?
- What is an OC Aerosol Restraint?
- How effective is pepper spray?
- The history of pepper spray

Physiological Effects of Pepper Spray

- Target areas for effective deployment
- The effects of pepper spray on the body
- The duration of the physical effects of pepper spray
- Guidelines for personal decontamination of an accidental pepper spray exposure
- Guidelines for environmental decontamination of an accidental pepper spray exposure

Choosing a Pepper Spray

- Types of projectors
- Types of Carriers
- Heat Rating
- Maintenance
- Propellants
- Storage

Lawful Use of Pepper Spray

- Levels of Menace
- Threat Assessment
- Citizen Force Continuum
- Prerequisites of Force Escalation
- Legal guidelines for use pepper spray in self-defense
- Post self-defense protocols – reporting the incident to the police

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911 Crime Reporting for Citizens

Please fill out this questionnaire and return it to your ACCJT PSE Coordinator. The information you provide will assist in the preparation of your requested public safety presentation.

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Listed below are the topics and their subtopics offered in this presentation. Please place a check mark next to the topics you would like included in the presentation.

___ The Police Perspective of 911 Crime Reporting

- Explanation of police investigative procedures
- Explanation of "Reasonable Suspicion"
- What the Dispatcher need to know
- Explanation of "Probable Cause"

___ Reporting Crimes in Progress

- Reporting a shoplifter
- Reporting a drunk driver
- What information to report
- Reporting domestic violence
- Using the cell phone as a reporting tool
- Reporting suspicious persons or behavior
- Safety guidelines for safely reporting a crime in public
- Safety guidelines for safely reporting a crime while observing from inside a building

___ Reporting Cold Crimes

- Reporting a robbery – how to preserve the evidence
- Reporting a sexual assault - how to preserve the evidence
- Reporting a burglary or break-in - how to preserve the evidence
- Reporting a theft – guidelines for improving the chances of recovering the property

___ Reporting Child Abuse

- Categories of child abuse
- Guidelines for reporting abuse
- Guidelines for personal intervention
- The information required for police intervention

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ACCJT Presentation Development Questionnaire

Narcotics Awareness and Recognition for Citizens

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___ Narcotics Recognition

- Narcotics
- Stimulants
- Hallucinogens
- Designer Drugs
- Aerosol Solvents

___ Signs of Impairment and Usage

- Marijuana
- LSD and Ecstasy
- Cocaine and Meth
- Heroin and Opiates
- Inhalants – Paint/Glue/Solvents

___ Signs of Drug Activity

- Paraphernalia
- Packaging material
- Indications of dealing

___ Indications of a Marijuana Grow

- Indoor grows
- Outdoor grows
- Dangers and booby traps

___ Indications of a Meth Lab

- Safety protocols to follow if a lab is discovered
- Types of meth labs – residential and mobile
- Equipment, chemicals, household products
- Health dangers and fire hazards

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